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**Motorcycle Safety Awareness: Common Causes of Accidents and How to Avoid Them**



Warmer weather means more motorcycles will be cruising around Sacramento. While it certainly is appealing to experience the open air and sunny skies as you travel, the [Tiemann Law Firm](#) would like to remind you that [riding motorcycles is a relatively risky activity](#). Though they represent only 3% of registered vehicles, motorcycles account for almost 14% of all vehicle fatalities.

[Read More Here](#)

**Sharing the Road: Safety Strategies for Motorists and Cyclists**



Legally speaking, California is bike friendly. When it comes to cities listed in the top twenty for “bike commute mode share” and the percentage of bicycle commuters, CA features more ranking urban areas than any other state. Even better, Sacramento places in the top ten!

[Read More Here](#)

Have you or a loved one been a victim of a [DUI](#), [car](#), [truck](#), or [motorcycle accident](#), [dog attack](#), or injured by a [slip and fall incident](#)? If so, [Tiemann Law Firm](#) can help. Our experienced [personal injury attorneys](#) will fight for the compensation you deserve.

Give us a call at  
(916) 999-9000 or toll-free: (800) 712-2000

[Contact Us](#) Today for a Free, Same-Day Consultation.

**Strawberry Spinach Salad**

*With Avocado & Walnuts*

*Serve this summery strawberry spinach salad alongside soup or a half sandwich, or top with grilled chicken or roasted salmon for a complete and easy healthy meal.*



**INGREDIENTS**

- 3 cups baby spinach
- 1 tbsp finely chopped red onion
- ½ cup sliced strawberries
- 2 tbsp vinaigrette
- ¼ medium avocado, diced
- 2 tbsp toasted walnut pieces

**DIRECTIONS**

Combine spinach, onion, and strawberries in a medium bowl. Drizzle with vinaigrette; toss to coat. Top with avocado and walnuts.

Recipe Courtesy of [www.eatinawell.com](http://www.eatinawell.com)

**What's Happening In & Around Sacramento**

**June 1 – 2**

[Sacramento Water Lantern Festival](#)

Gibson Ranch Regional Park  
Elverta

**June 8-9**

[Artichoke Festival: Where Fun Blossoms](#)

Monterey County Fair & Event Center  
Monterey, CA

**June 13**

[Food Truck Mania](#)

Vernon Street Town Square  
Roseville

**June 22**

[Annual Summer Solstice Festival & Full Moon Market](#)

WitchGang Apothecary & Emporium  
Sacramento

**July 9-14**

[Fiddler On The Roof](#)

UC Davis Health Pavilion  
Sacramento

**July 12- 28**

[California State Fair 2024](#)

California State Fairgrounds  
Sacramento

**July 20**

[The Great American Triathlon | Run, Bike, & Paddle](#)

American River Parkway  
Sacramento

**July 25**

[Christmas in July](#)

Round Table Pizza  
Citrus Heights

**Meet Our Attorney**



Jelena Tiemann

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**Need More info?**

[CONTACT US →](#)



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