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Winter 2024



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Read The Article

Ten Steps to Take If You're Hurt in a Car Accident



There are few experiences more shocking and distressing than a <u>car accident</u>, yet there are some steps you can take to safeguard both your rights and your well-being after the fact. Read on to ensure that you're in the know when an accident strikes, and you'll be prepared to safeguard your health, safety, and future compensation.

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Auto Accidents, Common Injuries, and What You Need to Know



<u>Car accidents</u> often lead to damages that harm one's psychological health, personal property, and financial security. However, the most pressing concerns usually take the form of physical injuries. Seeking medical treatment for injuries incurred in a car accident is essential to reclaiming your health and strength, and having a veteran attorney to guide you through the process makes all the difference, especially when it comes to compensation for any medical expenses.

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Have you or a loved one been a victim of a <u>DUI</u>, <u>car</u>, <u>truck</u>, or <u>motorcycle accident</u>, <u>dog</u> <u>attack</u>, or injured by a <u>slip and fall incident</u>? If so, <u>Tiemann Law Firm</u> can help. Our experienced <u>personal injury attorneys</u> will fight for the compensation you deserve.

> Give us a call at (916) 999-9000 or toll-free: (800) 712-2000

<u>Contact Us</u> Today for a Free, Same-Day Consultation.

Recipe of the Month

Chocolate Maple Bars

Made with just the right amount of sweet maple sugar, these bars are soft, buttery and delicious.



Ingredients:

- 1/2 cup of shortening
- 3/4 cups of maple syrup
- 1/2 cup of sugar
- 3 large eggs, room temperature
- 3 tablespoons of 2% milk
- 1 teaspoon of vanilla extract
- 1-1/4 cups of all-purpose flour
- 1/4 teaspoon of baking powder
- 1/4 teaspoon of salt
- 1-1/2 ounces unsweetened chocolate, melted
- 1/2 cup of chopped pecans
- 1/2 cup of sweetened shredded coconut

FROSTING:

- 1/4 cup of butter, softened
- 1 cup of confectioners' sugar
- 1/2 cup of baking cocoa
- 1/2 cup of maple syrup
- 1 cup of miniature marshmallows

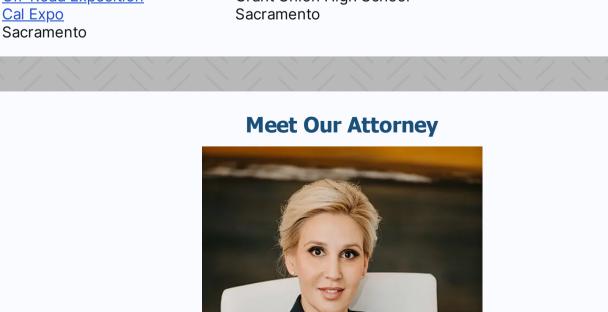
Directions:

- 1. Preheat oven to 350°. In a large bowl, mix the shortening, syrup, and sugar until light and fluffy, 5-7 minutes. Beat in the eggs, milk, and vanilla. Combine the flour, baking powder, and salt; add to the creamed mixture and mix well. Remove half the batter to another bowl.
- 2. Combine melted chocolate and pecans; stir into 1 bowl of batter. Spread into a greased 13×9-in. baking pan. Add coconut to the remaining batter. Spread carefully over the chocolate batter.
- 3. Bake until a toothpick inserted in the center comes out clean, about 25 minutes. Cool completely on a wire rack.
- 4. For the frosting, in a small bowl, beat butter until smooth. Gradually add the confectioners' sugar and cocoa. Gradually add syrup, beating until smooth. Fold in marshmallows. Frost bars.

Recipe Courtesy of <u>www.Tasteofhome.com</u>

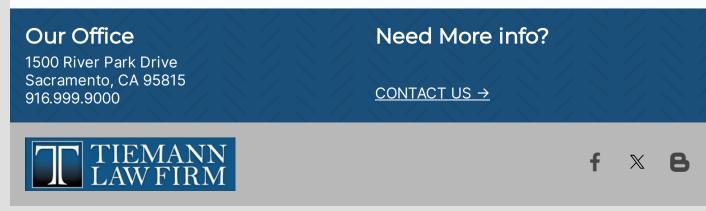
What's Happening In & Around Sacramento

February 25	March 16	April 6
<u>Wedding Showcase</u> Cal Expo Sacramento	<u>St. Patrick's Day Parade &</u> <u>Festival</u> Old Sacramento Waterfront Sacramento	<u>Dragon Boat Festival 2024</u> Black Miners Bar Folsom
March 2	March 21 - 23	April 13
<u>Capitol Beer Fest 2024</u> <u>Capitol Mall</u> Sacramento	<u>Quilt, Craft & Sewing Festival</u> Cal Expo Sacramento	<u>Placer Trail Running Festival</u> <u>2024</u> Folsom Lake Pilot Hill
March 7 – 10	March 27 - 28	
Sacramento Boat Show and Off-Road Exposition	<u>Prom Boutique</u> Grant Union High School	





Jelena Tiemann



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