In this Issue...

- Don't Allow Medical Bills to Crush You After a Crash
- Preventing Roll Over Car Accidents
- Recipe of the Month Easy Vegan Tomato and Basil Soup
- What's Happening In & Around Sacramento

Don't Allow Medical Bills to Crush You After a Crash



If you or a family member have suffered serious injuries due to a car accident, you are most likely facing a mountain of medical bills. While hopefully, insurance covers some of them, there are usually deductibles and items that are not covered and limits that can all add up to an overwhelming financial burden.

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Preventing Roll Over Car Accidents



They seem to happen in the blink of an eye: A car is moving along and suddenly loses control, turns on its side, or flips over in a <u>rollover crash</u>. Understanding the causes and prevention strategies for rollover car accidents is crucial for reducing their occurrence and minimizing their impact.

Read More Here

Have you or a loved one been a victim of a <u>DUI</u>, <u>car</u>, <u>truck</u>, or <u>motorcycle accident</u>, <u>dog</u> attack, or injured by a slip and fall incident? If so, Tiemann Law Firm can help. Our experienced personal injury attorneys will fight for the compensation you deserve.

> Give us a call at (916) 999-9000 or toll-free: (800) 712-2000

<u>Contact Us</u> Today for a Free, Same-Day Consultation.

Recipe of the Month

Easy Vegan Tomato and Basil Soup

This soup makes an easy, creamy, healthy, and hearty dinner. Insanely delicious and comforting.



Ingredients:

- 1 tbsp olive oil 1/2 head onion chopped
- 2-3 small garlic cloves
- 25 oz pureed tomatoes
- 12 oz water • 1 tsp basil dried
- 1/2 cup fresh basil (chopped)
- 1 tsp thyme dried • 2 tsp salt
- 1/2 tsp black pepper ground • 3 cups of tortellini pasta (cooked)

Directions:

- 1. Fry the chopped onions in 1 tbsp oil for a few minutes until they turn light brown.
- 2. Add all the ingredients to a small soup pot. Stir and cover.
- 3. Cook for 25-30 minutes. Taste while cooking. 4. Use a hand blender to make the soup extra smooth and creamy.
- 5. Add the tortellini pasta and top with a generous amount of chopped fresh basil.

Recipe Courtesy of <u>www.thegreenloot.com</u>

What's Happening In & Around Sacramento

November 11

Veteran's Day Show and Shine Car Show with the Truckaderos & Vendors!

Broderick Roadhouse Sacramento

November 19 Andrew Lloyd Webber's School of Rock The Musical

The Woodland Opera House Community Theatre Woodland

November 24 – 25 **Annual Shop Black** Friday/Small Business Saturday Weekend

Florin Square Sacramento

November 30 **Downtown Holiday** Celebration: Tree Lighting

Vernon Street Town Square Roseville

December 3 **Holiday Toy Drive**

Matchbook Wine Company

Zamora

December 10 California Bridal & Wedding

SAFE Credit Union **Convention Center** Sacramento

<u>Expo</u>

December 13 - 15 The Nativity

Bridgeway Christian Church Roseville

December 14 Menorah Lighting 2023

El Dorado Hills Town Center El Dorado Hills

December 21

Mystery of the Christmas Star

Sacramento State Planetarium Sacramento

December 26 California State Capitol Kwanzaa Tour and Celebration

State Capitol Park World Peace Rose Garden Sacramento

December 29 **Swing Dancing** Spotlight Ballroom West Sacramento

December 31

Party 2023 - Gatsby's House **Sheraton Grand Sacramento** Hotel Sacramento

Sacramento New Year's Eve

Meet Our Attorney



Jelena Tiemann

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Need More info?

CONTACT US →



8

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